

Empowering people with dementia to have high aspirations, confidence and know they can contribute

Shaping communities around the views of people with dementia and their carers

Empowering people with dementia and recognising their contribution

Ensuring early diagnosis, personalised and integrated care is the norm

Businesses and services that respond to customers with dementia

Maintaining independence by delivering community-based solutions

Ensuring that activities include people with dementia

Appropriate transport

Easy to navigate physical environments

Challenging stigma and building awareness

Befrienders helping people with dementia engage in community life

Becoming dementia friendly means:



DEMENTIA CARE AT OUR HOSPITAL

Bath City Forum meeting



Purpose of the session

- To share the good practice that the Trust employs to improve the care of inpatients with dementia
- Improve the understanding of the affects of hospitalisation for people with dementia

Incidence of dementia (2014)

- Less than half the people living with dementia in UK have a diagnosis
- 850,000 people are diagnosed in UK
- 62% are women and 38% are men
- 1 in 6 people over 80yrs diagnosed
- 40,000 under 65yrs diagnosed
- 44 million worldwide diagnosed with dementia; 75million by 2013; 135m by 2050
- 25% of patients in hospital have either known dementia or cognitive impairment
- We rely on 700,000 family carers (saving £11billion pa)

Cost of dementia in 2014

Dementia costs the UK £26.3 billion a year

That's enough to pay the annual energy bill of every household in the country.



Alzheimer's Society (2014a).
Dementia UK: second edition. London: Alzheimer's Society.

Alzheimer's Society
Leading the fight against dementia

Multiple diagnoses/other illness

No two people with dementia are the same –
services need to reflect the needs of individuals



7 out of **10**

people are living with another medical
condition or disability as well as dementia.

Why is hospital a challenge?

- Starting point is a life event or trauma – being a patient is “psychologically unpleasant, we feel dependent, vulnerable, exposed, often in pain.”
- Lead up to admission may have been very difficult period
- Illness/trauma can cause anxiety about outcome/future
- Onslaught to senses: lights, noise, lack of privacy
- Unfamiliar people asking lots of questions, touching the body and doing painful procedures
- Unfamiliar environment, possibly several moves in a few days
- Family/carers upset and worried, may be exhausted and unwell themselves

What happens at RUH to improve our care of patients with dementia ?

Membership to National Dementia Alliance

Strategic vision

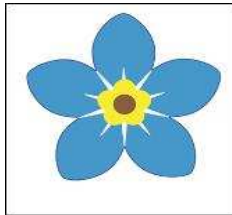
To be the first truly dementia friendly hospital in England by 2020

“an innovative hospital leading cutting edge research and delivering the highest standards of care for people with dementia”

Partnership working

- Consultant research post jointly funded by Avon and Wiltshire partnership and RICE
- Full time Activities Organiser post supported by Alzheimer's society and funded through charitable donations. “Side by side”
- Integrated support planning with community organisations ie Age UK Dementia support, Admiral Nurses, Carers network, GP care co-ordinators , Telecare services. Alzheimer's support

Tools used with dementia at RUH



- Person centred approach and Reasonable Adjustment
- “This is me” leaflet
- “Forget Me Not” above bed, on white board, on wrist band
- Abbey Pain Score
- Dementia Champions
- Ward dementia charter marks
- Environment: signage, clocks, upgraded ward environments
- Alzheimer’s befrienders
- Art at the heart including live musicians
- PAT dogs
- Carer involvement and support - Carer Hub/ carers association
- Staff training

Dementia Coordinators



Maggie Depledge, Astrid Siddorn and Dee Scruton
Dementia Coordinators for the RUH

From the 1 May we will be providing a 7-day service to support you in giving the best possible care to elderly patients with dementia and to

Contact us

Monday to Friday, 8.30am-4.30pm

What Dementia Coordinators do?



- **Person centred approach - *Reasonable Adjustment***
- Focus on complex cases
- Provide support, advice and information
- Raise knowledge/awareness of dementia
- **Use RUH tools**
- Involve and support family/carers
- Provide training and support to staff
- Audit delivery of care to patients with dementia
- Provide patient experience feedback to the Trust board

Barbara's story

- Guys and St Thomas' NHS Foundation Trust
- **Barbara, the whole story – YouTube**

<http://www.guysandstthomas.nhs.uk/education-and-training/staff-training/barbaras-story.aspx>